

JAGUAR TRIP TO PERU

1. About Flights:

Take an international flight to Lima, Peru and then from Lima, the following morning fly to Cusco, Peru.

You are booking your own international flights to Lima, Peru and from Lima to Cusco. If you arrive before the starting date of our trip, chose to stay in Miraflores and remember to use a "safe Taxi" In other words the legitimate deal in the booths at the airport.

We will be expecting you at the airport of Cusco March 26, 2011 in one of the morning flights and will bring you back in the morning of April 2, 2011

2. Passport information

Of course one needs a valid passport to travel to Peru. Do not worry about a Visa. All American citizens get a ninety day visa automatically upon entry. Please carry a second form of photo ID, and have three photocopies of your passport, (one for us two for you) just in case of lose.

If you are traveling with a passport from a different country other than the USA, please call the Peruvian Consulate nearest to you and find out if there are any visa requirements.

In the USA, the number is 1-202-833-9860. For more information visit

www.peru.embassyhomepage.com. Entering customs in Peru you receive your visa which is small white paper inside your passport, please SAVE this paper you will be asked to present it at the airport when you are leaving the country.

3. Cancellations and refunds: No refunds after the departure day which in our case is March 25th, 2011. Maximum of 50% refund as our hotels and expenses are prepaid by the Jaguar Path, and refunds do not exist yet as an idea in Peru.

4. Travelex Insurance:

We strongly suggest the purchase of Travel insurance, which sometimes refunds lost costs if you need to cancel your trip due to extenuating circumstances. Please call for a Travelex Brochure at 1-800-228-9792 and read carefully all the details and conditions so you understand what is offered.

Please also check with your existing health plan to make sure they cover your medical costs in a foreign country.

5. Food and Water:

Drink only bottled water. Use bottled water for brushing your teeth. It is easy to purchase right outside the hotels for a better price. Do not use ice cubes unless you know them to be safe. Do not drink from the streams. Avoid food from sidewalk vendors. Breakfasts are included with the hotels and are usually buffet style so you can choose what you like. Lunches and dinners are not included in the trip cost. Bring protein bars, trail mixes, and any other of your favorite snacks.

6. Money tips:

Consider exchanging \$200 - \$400 dollars at the airport, as well as get a roll or two of small coins (soles). There are several types of ATM Machines in Peru: ATM Global and Banco de Credito. You will want to call your bank ahead of the trip to make sure that you have access to ATM's in a foreign country and which ATM's will work for your cards. Traveler's checks are only accepted in some places. When you bring dollars into the country of Peru, **they must be new dollars with no tears or rips**. Damaged dollars are not accepted in Peru.

7. Meals:

Breakfast is included every morning at the hotels. You will want to put aside money for lunches and dinners ranging up to \$20. Sometimes we will be hiking during lunch time, so you will want to make a snack lunch with a sandwich, fruit, and drink, etc.

8. Airport Taxes:

All Peruvian airports charge "Exit Taxes." Please budget \$34 one way internationally, and \$6 for each internal flight including Lima to Cusco, and Cusco back to Lima.

9. What to bring:**passport + 3 copies**

Sunglasses, hat and Sunscreen spf 30 +

Lightweight hiking boots/or sturdy shoes for off road (temple) walking

Emergen-C (electrolyte) packets & protein bars (granola bars), nuts, trail mix, etc.

Water Bottles

Blue jeans or comfortable hiking pants

Fleece Jacket

Cotton socks or good hiking socks (2 extra pairs in case they get wet)

2 -3 Long-sleeved lightweight shirts

Daypack or waist pack. Money belt for cash and passport is useful

Lightweight raincoat

If you have any other questions or concerns please e-mail or call me at any time. www.raycris@gmail.com 413-464-1436

APPLICATION FORM – The Jaguar Path

Peru: *Journey to the land of Shamans*

March 26 – April 2, 2011

Please return the completed form with your \$ 500 deposit to: Ray H. Crist

The Jaguar Path Journeys – 638 Fog Hill Rd Austerlitz - NY - 12017
Tel. 413.464.1436 e-mail. raycrist@gmail.com

Peru - A pilgrimage to the land of Shamans 2011

Full Name (as listed in your passport) _____

Mailing Address

Phone (h) _____ **Phone (w)** _____

Fax _____ **Email** _____

Birthdate _____ **Birthplace** _____ **Citizenship** _____
Sex _____

Are you presently under a doctor's care or taking any prescription medication YES _____ NO _____

If yes please be more specific

Passport Information

Passport Number _____ **Place of Issue** _____

Date of Issue _____ **Date of Expiration** _____

Contact Information

In case of an emergency please notify:

Name: _____

Relationship _____

Telephone _____ **e-mail:** _____

Flight information (Please attach a copy of your itinerary) _____

Release & Waiver

I am aware that during the expedition, workshop, trip, activity or program (herein "Activity") I am participating in through The Jaguar Path and arrangements made by Ray H. Crist, certain risks may occur.

These risks include, but are not limited to, the hazards of traveling at high altitudes, on rivers and waterways, hiking, mountain climbing, retreats, forces of nature, travel by air, automobile, bus, boat and other conveyance, loss of or damage to personal property, injury or fatality due to high altitudes, collision with vehicle, boat, rock, log, or tree, or offshore the capsizing of a boat or other vessel, accident or illness in a remote place without medical facilities, water damage due to leaking bags or other containers, exposure to temperature extremes and inclement weather, and other risks and dangers which may result in serious injury or death.

In consideration of, and as part of payment for the right to participate in the Activity and the services arranged by Ray H. Crist I hereby assume all risks, and voluntarily release and waive all claims against Ray H. Crist, The Jaguar Path and its affiliates, officers, directors, employees, agents, and representatives, and will hold them harmless from any and all liability, action, cause of action, debts, negligence, claims, demands and damages of every kind or nature whatsoever, whether direct or indirect, contingent, consequential or otherwise, arising out of, related to, or which may be brought by myself or a third party in connection with my participation in the Activity or any other activities arranged by, through, or with Ray H. Crist. This agreement shall serve as a release, assumption of risk and hold harmless provision for me, my heirs, executors, administrators and assigns, and all members of my family, including any minors. I have read and agree to these terms and conditions. The Jaguar Path will rely on this release in allowing me to participate in these activities.

I have read the Terms and Conditions and agree to abide by them:

Signature _____ **Date** _____